

Name, E-mail, and Telephone no. of HIB Employes

S.N.	Post	Name	Mobile No.	Extension No	Email
1	Excucative Director	Dr. Madan Kumar Upadhyaya	9840172500	105	drmadannepal@gmail.com
2	Senior Public Health Administrator	Dr. Bhuwan Paudel	9851149273		bhuwan2000@hotmail.com
3	Public Health Administrator	Mangala Manadhar	985107085		mangalananu@gmail.com
4	Medical Officer	Dr. Prajwal Shrestha	9849152535		prajwal.shrestha.ps@gmail.com
5	Section Officer	Tulasi Bhattarai	9851046140		bhattraitulasi@gmail.com
6	Account Officer	Salikram Parajuli	9841825560		shalik_2006@yahoo.com
7	Account Officer	Nand Kumar Pradhan	9851249233		nandkumarpradhan@gmail.com
8	Medical RecorderOfficer	Gunja Bahadur G.C.	9841375628		gunjagc@yahoo.com
9	Public Health Officer	Bharat Bahadur Kwar	9851121879		kwarbb28@gmail.com
10	Public Health Inspector	Bharat Bohara	9848556122		bharat.bohara19@gmail.com
11	Public Health Officer	Himlal Gyawali	9841507144		himalgyawali@yahoo.com
12	Public Health Officer	Shree krishna Prajapati	9851109054/9860592425		prajapatisk28@gmail.com
13	Sr.AHW Officer	Kapil Dev Aryal	9851029265		akapil17@yahoo.com
14	Sr.AHW Officer	Rajaya Subedi	9849209166		rajayasubedi123@gmail.com
15	Sr.AHW Officer	Navraj Shrestha	9852030224		shresthanavraj37@gmail.com
16	AHW fifth	Bishnu Lamichhane	9840172531		me.bishnulc@gmail.com
17	Sr.AHW Officer	Naraesh Kumar Chaudary	9815649930 9868420153		nareshg.dhn@gmail.com
18	Sr.AHW	Nisha Rijal	9841327775		
19	Na.Su.	Nirmala Ghimire Subedi	9841253322		nirmalaghimiresubedi@gmail.com
20	Na.Su.	Giri Raj Khatiwada	9851164233		
21	AHW	Bhagawan Regmi	9846282148		regmibhagawan58@gmail.com
22	Sr.ANM officer	Hira Devi Regmi	9851169054		hregmi20@gmail.com
23	AHW	Bharat Khadka	9862045900		
24	ANM	Urmila Karki	9841115709		ukarki.206@gmail.com
25	ANM	Semanta Shrestha	9849620130		semanta.sth@gmail.com
26	AHW	Tulasa Adhikari	9849818350		metulasa4@gmail.com
27	AHW	Manju Basnet	9841677032		basnetm194@gmail.com
28	ANM	Yasoda Bhattarai	9860597636		ypd2032@yahoo.com
29	Staff Nurse	Trishna Timalcina	9845895751		trishna1940@gmail.com
30	H.A.	Madhab Raj Bist	9841398738		bista.darchula@gmail.com

31	Pathologist	Dr. Palpasa Kansakar	9851149348	palpasa_k@hotmail.com
32	Pharmacist	Nijan Upadhyay	9841328801	nijanupadhyay@gmail.com
33	IT Consultant	Purushottam Sapkota	9840172523	puru601@gmail.com
34	IT Consultant	Suresh Singh Tinkari	9840172519	sureshtinkari406@gmail.com
35	Computer Operator	Kalu Singh Karki	9848810614	kkarki441@yahoo.com
36	IT Officer	Aashish Raj Joshi	9849753524	aacesjoshi@gmail.com
37	Telephone Operator	Anju Adhikari	9841194688	bhandarianju787@gmail.com
38	H.A.	Khem Raj Bhatt	9848736642	krbhatt24@gmail.com
39	PHI	Om kumari Kandel	9851203868	ok.kandel@gmail.com
40	PHI	Hom Nath Lamichane	9851247687/9855085523	govindalc@gmail.com
41	L.A.	Tika Devi Nepal	9842116781	nepaltika@gmail.com
42	Sr.AHW	Ram Kumar Shrestha	9841561502	rkshrestha2005@hotmail.com
43	A.H.W.	Tulasa Adhikari	9849818350	metulasa4@gmail.com
44	A.A.H.W.	Sarswati Poudel	9849692314	bikalpalri3@gmail.com
45	A.N.M.	Sharmila Karki	9842804170	
46	A.H.W.	Radhika Acharya	9840126670	
47	A.N.M.	Yojana Dahal	9751004191	yojanadahalyd6828@gmail.com
48	S.A.H.W.O.	Mina Bhattarai	9847409647	minabhatterai400@gmail.com
49	S.A.H.W.O.	Raj Kishor Ray	9854041151	rajkishorray55@yahoo.com
50	S.A.H.W.O.	Shesh Raj Dahal	9841431546	dahalshesharaj@yahoo.com
51	A.H.W.	Paban Kumar Bohara	9851151966	pabanbohara92@gmail.com
52	S.A.H.W.O.	Khag Raj Pokhrel	9857063178	pokkhagraj1976@gmail.com
53	H.A.	Usha Thapa	9843525563	thapausha432@gmail.com
54	H.A.	Sunita Subedi	9849554935	sunitasubedi52@gmail.com
55	H.A.	Rashmi K.C.	9842651622	Rayshmiss55@gmail.com
56	H.A.	Ganesh Parsad Acharya	9848136282	acharya_ganesh@ymail.com
57	S.A.H.W.O.	Hira Shah	9860232016	shahhira34@gmail.com
58	H.A.	Dirgha Bogati	9849096942	bogatidirgha@gmail.com
59	anm	Durga Lamichhane	9849990519	
60	Tarining Officer	Saroj Nepal	9841962064	yesnepalg17@gmail.com
61	Pharmacist	Umesh Acharya	9867423411	umeshacharya112233@gmail.com
62	Sahayak Mahila bikas nirichyak	Sangita Sharma	9841375184	aryalsangita777@gmail.com
63	Ha.sa.cha.	Ram Bahadur Khadka	9840172520	
64	Ha.sa.cha.	Purushottam K.C.	9841180596	
65	Ha.sa.cha.	Jhalak Bahadur Pandey	9851098741	
66	Ka.sa	Krishna Chaudhari	9840172513	
67	Ka.sa	Binita Thapa	9840172515	
68	Ka.sa	Mangal Maya Gurung	9840172514	