

| Name, E-mail, and Telephone no. of SHSDC Employes | | | | | | |
|---|------------------------------------|-------------------------|--------------------------|--------------|---------|----------------------------|
| S.N. | Post | Name | Mobile No. | Extension No | Res. | Email |
| 1 | Excucative Director | Dr. Gunaraj Lohani | 9851079356 | 105 | | drgrohani@gmail.com |
| 2 | Senior Public Health Administrator | Dr. Bhuwan Paudel | 9851149273 | 114 | | bhuwan2000@hotmail.com |
| 3 | Section Officer | Tulasi Bhattarai | 9851046140 | | | bhattraitulasi@gmail.com |
| 4 | Section Officer | Jagu Ram Chaudhary | 9848051617 | 102 | | Chaudharijaguram@yahoo.com |
| 5 | Account Officer | Salikram Parajuli | 9841825560 | 107 | | shalik_2006@yahoo.com |
| 6 | Static Officer | Gunja Bahadur G.C. | 9841375628 | 112 | | gunjagc@yahoo.com |
| 7 | Computer Officer | Ravi Chandra Ghimire | 9851093902 | 103 | | ravighimire@gmail.com |
| 8 | Public Health Officer | Bharat Bahadur Kawar | 9851121879 | | | kawarbb28@gmail.com |
| 9 | Public Health Officer | Bharat Bohara | 9848556122 | | | bharat.bohara19@gmail.com |
| 10 | Public Health Inspector | Himal Gyawali | 9841507144 | | 5251030 | himalgyawali@yahoo.com |
| 11 | Public Health Inspector | Shree krishna Prajapati | 9741032238 | | | prajapatisk28@gmail.com |
| 12 | Public Health Officer | Ishwor Regmi | 9856040415 | | | ishworregmi295@gmail.com |
| 13 | Sr.AHW Officer | Kapil Dev Aryal | 9851029265 | | | akapil17@yahoo.com |
| 14 | Sr.AHW Officer | Janak Adhikari | 9851129440 | 108 | | janakadhikaree@gmail.com |
| 15 | PHN Officer | Sharada Khanal | 9849532616 | 111 | | sharada.khanal21@gmail.com |
| 16 | Sr.AHW Officer | Rajaya Subedi | 9849209166 | 106 | | rajayasubedi123@gmail.com |
| 17 | Sr.AHW Officer | Navraj Shrestha | 9852030224 | | | shresthanavraj37@gmail.com |
| 18 | Sr.AHW Officer | Naraesh Kumar Chaudary | 9815649930 9868420153 | | | nareshg.dhn@gmail.com |
| 19 | Na.Su. | Subas Prasad Niraula | 9849233999 | 116 | | subasniraula123@gmail.com |
| 20 | AHW | Bhagawan Regmi | 9846282148 | | | regmibhagawan58@gmail.com |
| 21 | Sr.ANM officer | Hira Devi Regmi | 9851169054 | | | hregmi20@gmail.com |
| 22 | ANM | Urmila Karki | 9841115709 | | | |
| 23 | Sr.ANM | Bhagwati Gauli | 9849951981 | | | bhagwati2031@gmail.com |
| 24 | ANM | Semanta Shrestha | 9849620130 | | | semanta.sth@gmail.com |
| 25 | H.A. | Madhab Raj Bist | 9841398738 | | | bista.darchula@gmail.com |
| 26 | Pathologist | Dr. Palpasa Kansakar | 9851149348 | 104 | | palpasa_k@hotmail.com |
| 27 | Pharmacist | Nijan Upadhyay | 9841328801 | 104 | | nijanupadhyay@gmail.com |
| 28 | IT Consultant | Purushottam Sapkota | 9849085594 | 115 | | puru601@gmail.com |
| 29 | IT Consultant | Suresh Singh Tinkari | 9841741542 | 115 | | sureshtinkari406@gmail.com |
| 30 | Telephone Operator | Anju Adhikari | 9841194688 | 101 | | bhandarianju787@gmail.com |
| 31 | Driver | Purshottam K.C. | 9841180596 | | | |
| 32 | Driver | Ram Bhadur Khadka | 9841666687 | | | |
| 33 | Ka.Sa. | Mangal Maya Gurung | 9849309547 | | | |
| 34 | Ka.Sa. | Binita Thapa | 9803287508 | | | |

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|----|--------|------------------|------------|--|--|--|
| 35 | Ka.Sa. | Krishna Chaudary | 9861561866 | | | |
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